

provide food, activities, and supervision of seniors during daytime hours. Transportation may or may not be provided.

The Medical Model—for those individuals who are impaired physically and/or cognitively, need assistance with personal care and medications, or who do not need 24-hour supervision, but cannot function independently during the day. This model, if approved under a community care program, may have services reimbursed by Medicaid. Alzheimer's programs are included in the medical model. They are generally funded by the state through the Area Agency on Aging (AAA) or through charitable donations of religious organizations.

You Should Consider Adult Day Care if a Senior:

- Is unable to structure his activities or schedule daily events.
- Desires or needs the companionship of others, as well as mental stimulation.
- Cannot fully function independently and should not be left alone.

Questions to Consider

There are many questions you should ask before placing your loved one in adult day care. Finding answers to the questions below will help you assess the quality of a day care facility.

1. Who owns, operates, and sponsors the facility?
In some states, adult day care facilities are not regulated by the state or subject to audits. Contact your state's Department of Human Services or State Ombudsman's Office regarding questions you have or to find out about any reports of abusive treatment.
2. Is the center state-licensed?
Some states do not require Adult Day Care facilities to have a state license. If that is the case, do your homework! Check references, call the Better Business Bureau, and make several unexpected visits to observe the staff and to see the patients' behavior.